

Subject:	PSHE
Unit:	1
Year:	9

<p>Unit overview (why is it important that students study this unit and why now?) As students begin year 9 it is important to start the year with a focus on essential life skills to help students manage their growing independence confidently and successfully.</p>		<p>Big questions/Learning Objectives: How can we develop the skills to cope with stress and anxiety? How can I manage my money? What are the risks of gambling and online fraud?</p>	
<p>Key themes/Threshold concepts/ Powerful knowledge How to manage feelings through coping mechanisms Where money comes from and how to manage it How to assess and manage risks in relation to online gambling Common forms of fraud online</p>		<p>Links to prior learning/future learning Students began to develop their understanding of how to support their emotional wellbeing in: Year 8 term 1 Students will develop their understanding of how to support their emotional wellbeing in: Year 10 term 1 Year 11 term 1</p>	
<p>Common misconceptions That we can't change our mindset We don't need to check payslips People who fall for online scams have been careless</p>		<p>Assessment (with a focus on formative assessment) Reflection points throughout followed by class discussion. End of half term review</p>	
Disciplinary Vocabulary (what are the tier 2 and 3 words that are essential knowledge in this unit?)			
<i>(key word)</i>	<i>(Definition)</i>		
Resilience	The capacity to recover quickly from difficulties	Benefits	A payment made by the state to someone entitled to receive it
Growth mindset	The belief that you are able to grow mentally and intellectually by putting in the effort and work	Return on investment	A profitability metric to evaluate how well an investment has performed
Anxiety	A feeling of unease, such as worry or fear that can be mild or severe	PAYE	A system for collecting income tax in which a person's tax is taken off their pay by their employer and sent to the government.
Gross pay	Individual's total earnings before any deductions are made	Net pay	Amount of money an employee receives after all deductions are taken from their gross pay
		Gambling	The activity of risking money on the result of something such as a game or horse race, hoping to make money

Scam/online fraud	A crime that happens online such as identity theft, online transactions, dating scams etc	Addiction	Not having control over doing, taking or using something to the point where it could be harmful to you.		
Episode	Key Learning: [overarching knowledge/ learning objective/ composite]	Disciplinary vocabulary	Component knowledge to be taught (What is it students will know?)	“So I can...” (What will the students be able to do/produce?)	How will you assess they have understood this? Today/next lesson/next week?
1	Study skills resilience and managing stress How can we develop the skills to cope with stress and anxiety?	Resilience Growth mindset Anxiety	<ul style="list-style-type: none"> • What is a growth mindset: abilities are something you can improve through practise, failure is a chance to learn, pivot • What is a fixed mindset: abilities are innate and unchangeable, failure is permanent • Strategies to manage your time well: switch off social media/phone, planning what you will do/having a set timetable for the day/week, setting timers for a task, taking time to go for a walk/do exercise • How to manage stress and anxiety: taking things step by step, listening to music, going for a walk, meditation, breathing, therapy 	I will know which situations demand resilience at school. I will know the difference between a growth and fixed mindset and evaluate the advantages of a growth mindset. I will know how to study and how I can make my study time more effective.	Mid-point reflection questions. End of lesson goal setting to increase resilience and improve study skills.
2	Managing money (session delivered by external speaker Bex Card)		<ul style="list-style-type: none"> • The difference between assets and liabilities and how to calculate net worth • What is compound growth • How investing works • The difference between credit and debit cards 		
3	Where does money come from? How can I manage my money?	Benefits Return on investment PAYE Net pay Gross pay	<ul style="list-style-type: none"> • Where money comes from: work, borrowing, return on investment, inheritance • The terminology used on a payslip: gross pay, overtime, PAYE, NIC, pensions • How to calculate total gross pay to ensure your payslip is correct • How the government spends public money: education, law and order, defence, health 	I will know the different sources that money comes from. I will know the terminology that is found on a payslip and how to calculate that my pay is correct. I will know what deductions are taken by the government and how this is spent.	End of lesson quiz to check understanding.

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4	Online safety – scams and gambling What are the risks of gambling and online fraud?	Gambling Scam/online fraud Addiction	<ul style="list-style-type: none"> ● Dangers online: clickbait, catfishing, identity theft, fake quizzes, phishing ● How to prevent online fraud/scams: checking the website is legitimate, read carefully before clicking on links, look for details that don't seem right ● Dangers of online gambling: addiction, losing money you can't afford ● Spotting the signs of a gambling problem: constantly thinking about gambling, after a big loss trying to win your money back, losing control of how much money you are spending 	I will know the signs of online fraud and what I can do if something seems strange online. I will know the different ways you can gamble and why people choose to do it. I will know the signs that gambling has become a problem and where I can seek support.	Reflection points End of half term review